



## A MESSAGE FOR YOU

Tory from our Youth Engagement Team has made a **NEW** message for you all:

[https://youtu.be/SRR2m0p3\\_zw](https://youtu.be/SRR2m0p3_zw)



## FATAL 4

Andy Nattrass, our Young Driver Education Coordinator, works with Years 11-13 delivering the FATAL4 Road Safety messages. One of these important messages is about Driving under the influence of drink and drugs

The below film is about a young Norfolk driver who did this. Please click here to watch it:

<https://youtu.be/SnPr0RIUQ10>

# Safer Schools Newsletter

Secondary Edition Monday 8<sup>th</sup> June

Hi everyone, we hope you all continue to be safe & well. Some of you may have returned to school, or are expecting to do so over the coming weeks & we hope you have enjoyed returning to learning. This week's newsletter is themed on drugs & alcohol. We hope you find it useful.

Norfolk Constabulary Safer Schools Team



During these uncertain times, it is important for young people to look after their mental health. There is now one single place to access mental health advice and support for anyone under the age of 25 in Norfolk. There is no need for a referral, you can just get in touch straight away if you need help and support. They can also refer you on, should you need more specialist help. Please visit this link for more information:  
[www.justonenorfolk.nhs.uk/mentalhealth](http://www.justonenorfolk.nhs.uk/mentalhealth)

## TRENDING NOW...

Ever heard of the Matthew Project? Take a look at the attached information to find out more. It contains a link to their resources, a Cannabis TikTok & factsheet.



YoungMinds has a great online set of tools if you are anxious about the Coronavirus. It can be found here: <https://youngminds.org.uk/blog/what-to-do-if-you-re-anxious-about-coronavirus/>



## SOCIALS



STAY UP TO DATE WITH NORFOLK SAFER SCHOOLS BY FOLLOWING US ON TWITTER: @SAFERSCHOOLSNFK

YOU CAN ALSO FOLLOW OUR CADET'S INSTAGRAM ACCOUNT:

## NEED A HAND?

Norfolk County Council, Children's Services have launched a new phone line and text message service for children and young people to use.

We hope you are feeling happy and safe at home; however, we know some people often feel unsafe or scared. You do not need to keep it to yourself, we're here to help.

Text us on: 07480 635060  
Call us on: 0344 800 8029

REMEMBER SAFEGUARDING YOUNG PEOPLE IS ALL OUR RESPONSIBILITIES

#SAFERSCHOOLS

